Dear Students,

Welcome back! As memories of summer begin to fade, we think ahead to the upcoming 2019-2020 sports season at Saint Barnabas High School. I am very optimistic that this year will be big for the Bears. I would like to encourage all of you this year, more so than ever before, to try out for a team. If you make the team, you will enjoy the friendship and experiences that only teammates can share.

**REQUIREMENTS for TRYOUTS:**

* Please make sure you have the Medical Participation Form on the next page signed by BOTH your DOCTOR and PARENT/GUARDIAN. This should be signed after you pass a physical examination and tell your doctor you are interested in playing sports this year. Please take this very seriously, as your health and safety are at risk! **You will not be able to try out without the approval of both your DOCTOR and PARENT/GUARDIAN(s). NO PHYSICAL MEANS NO TRYOUT.** If you miss tryouts because of your physical or because you are away on vacation please note that there will not be a separate tryout for you.

* This year, in an effort to lessen mounting athletic expenses, we need to attach a sports fee to student participation in athletics. A **$75 Sports Fee** will be due for any player that makes a team this year (Multiple sports just pay once), as well as a **$50 Transportation Fee**. While this will only make a small dent in our expenses, it is an effort we can make to show we are united on this issue. **On the reverse side of the medical participation form is the transportation permission slip which MUST BE SIGNED BY A PARENT/GUARDIAN.**

* All students must maintain a passing grade in all subjects. Any student who fails 2 subjects on any given progress report or report card will be ineligible for sports participation. A student who receives poor behavior reports from teachers may also be ineligible for sports activity.

**VOLLEYBALL:** Tryouts will take place **Monday, August 19th and Tuesday, August 20th from 12:00pm-2:00pm in the high school gym.** If you are trying out or were on the team last year then you must show up both days. There will be no other tryout dates. Bring workout clothes, sneakers, and drinks.

**SOCCER:** Soccer tryouts will take place on **Friday, August 23rd and Saturday, August 24th from 8:00-11:00am at St. Joseph’s Seminary in Yonkers.** If you are trying out or were on the team last year, then you must show up both days. There will be no other tryout dates. Bring workout clothes and drinks.

**CROSS COUNTRY:** Cross country tryouts will take place **Monday, August 19th – Wednesday, August 21st from 4:30-6pm. Please meet at the main entrance of the school by 4:15pm.** If you are trying out or if you were on the team last year, then you must show up for all three days. There will be no other tryout dates. Bring workout clothes, sneakers, and drinks.

**CHEERLEADING:** Cheerleading tryouts will take place **Tuesday, August 20th and Wednesday, August 21st from 10am-12pm in the high school gym.** If you are trying out or were on the team last year, then you must show up both days. There are no other tryout dates. Bring workout clothes, sneakers, and drinks.

WE HOPE TO SEE YOU AT TRYOUTS! ENJOY THE REST OF YOUR SUMMER.

-Saint Barnabas High School Athletic Department
Permission for Inter Scholastic Participation in Sports

All participants in athletics must secure both the permission of her parent/guardian and medical certification of her capability to participate. BOTH signatures appropriately dated (after August 1st of the school year) must be on file in the athletic office. Physicals are only good for 1 year.

Parental Permission:

________________________________________

Name of Student

has my permission to take part in ________________________________ .

I give St. Barnabas High School and its designated supervisors permission to take appropriate action in case of an emergency.

________________________________________

Signature of Parent/Guardian   Telephone #   Date

Designated Telephone # if parent is unavailable

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Medical Certification of Ability to Participate:

I certify that ________________________________ is medically able to participate in the above mentioned activity.

________________________________________

Signature of Physician/Official Stamp   Date
Transportation Form

All student athletes participating in sports at Saint Barnabas High School are transported to away games by either bus or taxicab. In both cases, participants will be picked up and returned to school. Parents/guardians have the option to arrange post game transportation or to meet the player at school. In addition, players may leave on their own as soon as they are dropped off back at school.

Our school bus has a capacity of 14 passengers and some teams have more than 14 players. In those instances, some student athletes will be transported by taxicabs, operated by Seaman Car Service, 10th Ave, NY, NY.

Signing below acknowledges your permission to take the bus or taxicab to and from games.

______________________________  ______________________
Parent / Guardian [please print name]  Relationship to Student

______________________________
Parent / Guardian [please sign name]  Date

______________________________
Student’s Name [please print name]